

## RN/LVN Home Health Care Competency Exam

Must pass with an 85% or higher ( / )

SCORE: \_\_\_\_\_

MULTIPLE CHOICE: Circle the best answer

1. Before giving the adult patient his prescribed daily dose of digoxin, the nurse finds the patient's apical pulse is 54.
  - a. Re-check the original order, and then give the dose
  - b. Hold the medication and notify the physician
  - c. Break the tablet in half and give the patient half the dose
  - d. Give the medication in divided doses over the next three hours
  
2. In taking a patient's blood glucose level with a glucometer, you find the blood glucose level to be 45. Your patient might also be experiencing symptoms of hypoglycemia, which could include:
  - a. Tachycardia
  - b. Pallor, perspiration
  - c. Confusion, erratic behavior
  - e. All of the above
  
3. Which of the following would be considered safety hazards in the home?
  - a. Scattered throw rugs on the floor
  - b. Overloaded electrical outlets
  - c. Frayed electrical wiring
  - d. Spoiled trash in the kitchen
  - e. All of the above
  
4. Your elderly patient tells you that her son is physically abusive to her. You notice bruises on her wrists and arms. All of the following actions are appropriate EXCEPT:
  - a. Notify your supervisor
  - b. Confront the son with this information
  - c. Wait to see if the incident happens again
  - d. Both b and c
  
5. Signs and symptoms of digitalis toxicity are:
  - a. Edema and weight gain
  - b. Fever and epistaxis
  - c. Petechiae and epistaxis
  - d. Hypertension and tachypnea
  - e. Anorexia and vomiting
  
6. Purpose of intermittent positive pressure breathing (IPPB) includes:
  - a. Improvement of alveolar ventilation
  - b. Humidification of respiratory tract
  - c. Administration of aerosol medications

- d. All of the above
  - e. None of the above
7. Which of the following assessments does not indicate possible wound infection:
- a. Serous drainage from Penrose drain
  - b. Low-grade temperature
  - c. Erythema around incision site
  - d. Tenderness in the incision site
8. When teaching a patient safe, self-administration of Prednisone, a synthetic corticosteroid, you would include all of the following statements EXCEPT:
- a. You may need to increase your salt intake
  - b. Protect yourself from infections
  - c. Take the medication with a meal or snack
  - d. Never stop the medication abruptly
9. The physician orders 3000 Units of medication. The drug is dispensed in vials of 5000 Units per ml. The patient should receive:
- a. 0.3 ml
  - b. 0.4 ml
  - c. 0.6 ml
  - d. 0.8 ml
10. Mrs. White is receiving 40 units regular insulin at 7:30 A.M. daily. On the basis of this, you know that the most likely time for her to experience an insulin reaction is:
- a. by 8:00 am
  - b. At 4:00 pm
  - c. During the night
  - d. Around 11:00 am
11. While taking Lasix, Mr. Hanson should be encouraged to increase his intake of
- a. Fluids
  - b. Sodium
  - c. Calcium
  - d. Potassium
12. NPH insulin when given subcutaneous has a peak in:
- a. 30 min- 1 hour
  - b. 1- 2 hours
  - c. 4-12 hours
  - d. 8- 14 hours
13. Seizures may be treated with all of the following drugs EXCEPT:
- a. Dilantin
  - b. Diazepam
  - c. Phenobarbital
  - d. Zarontin
  - e. Dilaudid
14. Major side effects of antineoplastic agents include:
- a. Alopecia (hair loss), diaphoresis
  - b. Hypertension, respiratory depression
  - c. Bone marrow depression, alopecia

d. Increase platelets, tachycardia

15. Digitalis is given to patients in heart failure because it:

- a. Enhances myocardial contraction
- b. Acts as a diuretic (renal effect)
- c. Speeds the heart rate
- d. Decreases oxygen consumption of the heart

16. Since heparin is obtained from animal tissue, it should be used cautiously in patients who:

- a. Are vegetarians
- b. Have congestive heart failure
- c. Have hypercholesterolemia
- d. Have a history of allergy

17. Which of the following drugs enhances the effect of oral anticoagulation?

- a. Aspirin
- b. Phenobarbital
- c. Tagamet
- d. All of the above may affect coagulation

18. Mr. X is suffering from severe Dyspnea, the position in which he would be most comfortable in is:

- a. Sim's left hand
- b. Fowler's position
- c. Trendelenburg position
- d. Supine

19. Mrs. B's fever was very high and the physician ordered a drug to lower her body temperature. Drugs of this kind are classified as:

- a. Antibiotics
- b. Antipyretics
- c. Antiemetic
- d. Antihistamines

20. Morphine is considered a narcotic because it is a:

- a. Central nervous system depressant
- b. Dangerous drug
- c. Derivative of cocaine
- d. Derivative of opium

21. Each morning Mr. S's physician requests a prothrombin level and then orders an anticoagulant drug. The chief action of this drug is:

- a. Prevention of hemorrhage
- b. Stimulation of heart's action
- c. Slowing down the formation of blood clots
- d. Prevention of infection in the blood

22. Drugs which help relieve the symptoms of allergic reaction are called:

- a. Antihistamines
- b. Antibiotics
- c. Sulfonamides

d. Analgesics

23. In order to obtain an accurate blood pressure reading, it is most important that the:

- a. Patient has received no stimulants such as coffee or tea within the past hour.
- b. Patient is lying down
- c. Arm of the patient is well supported during the procedure
- d. Cuff is kept inflated for at least one minute before it is deflated slowly

24. Black tarry stools may be a result of:

- a. Bleeding from the stomach
- b. Taking soda bicarbonate
- c. Anemia
- d. Hemorrhoids

25. The signs symptoms, which would indicate metabolic acidosis, are:

- a. Dyspnea, vomiting, vertigo, coma
- b. Rapid shallow breathing, restlessness, dehydration, headache
- c. Hyperactive, vigorous breathing, restlessness, dehydration, headache
- d. Band-like headache, disorientation, diaphoresis

26. During the morning bath, a nurse notices a large reddened area on the client's lower abdomen. The client tells the nurse that he spilled a cup of hot coffee while he was eating dinner yesterday. This information is communicated to the nurse in charge, and the physician is notified. At this time it is appropriate for the nurse to:

- a. Note in the client's chart that he has a first – degree burn on his lower abdomen.
- b. Complete an incident report including the nurse's observation and actions and the client's description of the accident.
- c. Contact the nurse who was on duty when the incident occurred, so that an incident report can be completed.
- d. Wait to do any further action until the client is examined by the physician.

27. Assuming responsibility for a patient's care forms a legally binding condition that is described as

- a. Advocacy
- b. Nurse- patient relationship
- c. Accountability
- d. Standard of Care

28. Two nurses are in the hospital cafeteria talking during a break. One nurse is from the intensive care unit, the other from the emergency room. The first nurse says "I hear that two members of a gang were admitted to the emergency room with knife wounds." The emergency room nurse responds "Yes you will probably be getting them ICU after surgery. Their wounds were really extensive". This conversation is

- a. Allowable, because the nurse would not be forbidden to disclose this information in a court of law.
- b. Legally allowable action, because the ICU nurse will be taking care of the two clients.
- c. Legally allowable action because the conversation is taking place in an appropriate location.
- d. A violation of regulations of the Health Insurance Portability and Accountability Act.

29. Treatment of a person without consent is against the law and considered to be:

- a. Veracity
- b. Defamation
- c. Battery
- d. Slander

30. A nurse, driving home from work, sees a three-car accident ahead. People appear injured. When making a decision whether to stop and offer assistance, it is essential that the nurse understands.

- a. everyone is required by law to stop and give assistance at the scene of the accident.
- b. The Good Samaritan law will occasionally protect him or her from liability.
- c. Release must be signed by anyone who agrees or refuses to receive aid from the nurse.
- d. If assistance is accepted, the expectation is to provide care within the nurse scope of practice.

31. 0.5 g equals how many mg ?

- a. 0.00005
- b. 50
- c. 500
- d. 5

Expected Pass      85%

Your Score \_\_\_\_\_